

## THE WORK INCLUDES:

- Receiving and making referral from/to primary care providers
- Providing information about how to access community resources
- Introducing people to activities
- Providing a point of contact to access services
- Supporting families to identify solutions
- Identifying gaps in resources
- Working alongside and promoting mainstream services
- Recruiting people into additional CIP support services.



Should you wish to discuss the **Community Navigator Programme**, please contact the Project Coordinator who will provide further information about accessing the service or making a referral.



**COMMUNITY  
INTERCULTURAL  
PROGRAMME**  
Connecting People

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**INTERACT**  
Navigator Programme

**SUPPORTING & EMPOWERING BME  
FAMILIES TO ENGAGE IN SELF-CARE  
INDEPENDENCE & WELL-BEING**

## **INTERACT** is an integral element of the family support which **Community Intercultural Programme** provides to **BME Communities**.

The team of Bilingual Community Navigators will assist families with children under five years of age within the following language groups, Lithuanian, Polish, Portuguese & Romanian in the Craigavon area.



## **WHAT IS COMMUNITY NAVIGATION?**

- A way of linking people up to activities and services in the community that they might benefit from
- About connecting people to non-medical sources of social and emotional support
- Bringing the community and families closer together

## **WHAT ARE COMMUNITY NAVIGATORS?**

Community Navigators are trained to befriend and assist people to find their way to activities, services or organisations, which they would enjoy, find useful or benefit from within the local community.



Our Community Navigator team will contribute to **INTERACT** their linguistic skills, cultural and community insight. They will use their skill base to befriend, provide useful information and signpost to appropriate services.

The **INTERACT** team is supported by a Project Coordinator and is based at the CIP Centre in Portadown.

Navigators are not counsellors or social workers, but they will guide the individual to discover what's on in the community and how to access activities, services and opportunities.

## **HOW IT WORKS?**

This service is accessible through a referral process, which may be made by a medical professional, support worker, family member or via self referral.

An appointment will be booked with a Navigator who will visit the clients at their own home and listen to their concerns, interests and needs. Based on these findings, the Navigator will explore a range of options so that clients may engage positively with appropriate services or attend support groups or community activities.



## **COMMUNITY NAVIGATORS AIM TO:**

- Provide one-to-one bilingual support
- Reduce isolation of BME parents and carers
- Befriend and empower families
- Improve access to services
- Link people to activities and opportunities
- Connect people to services
- Promote Health and Well Being